

BIOPHYSICS LABORATORY SAFETY RULES

Here are some safety rules that should be followed in the Biophysics Laboratory to avoid accidents and injuries and to protect yourself and your surrounding environment. Please **sign the sheet after reading carefully**. You can ask your instructor if any of the items need clarification.

1	Laboratory white coats should be worn in the lab, they should not be stored in offices or break rooms as this spread contaminates to other areas.
2	Long hair and loose clothing must be pulled back and secured from entanglement or potential capture.
3	Avoid wearing jewelry in the lab as this can pose multiple safety hazards.
4	Closed-toe shoes will be worn at all times in the laboratory. Perforated shoes or sandals are not appropriate.
5	No contact lenses should be worn around hazardous chemicals – even when wearing safety glasses.
6	Keep your belongings (mobile phone, bags, and laptop) outside of the lab.
7	Laboratory safety goggles and masks should be worn in any area where chemicals are used or stored. They should also be worn any time there is a chance of splashes or particulates entering the eye.
8	Dispose of the gloves before leaving the lab.
9	Eating, drinking, smoking, gum chewing, applying cosmetics, and taking medicine in laboratories where hazardous materials are used should be strictly prohibited.
10	Maintain social distance in the laboratory.
11	Avoid skin and eye contact with all chemicals. Minimize all chemical exposures.
12	Do not taste or intentionally sniff chemicals.
13	Keep benches clean and tidy before leaving the laboratory.
14	Do not lean, hangover or sit on the laboratory tables.
15	Do not leave your assigned laboratory station without the permission of the instructor.
16	Learn locations of laboratory safety showers, eyewash stations, and fire extinguishers.
17	Learn emergency exit routes.
18	Report all accidents, injuries, and breakage of glass or equipment to the instructor immediately.
19	Never leave containers of chemicals open.

20	When making measurements as a group or individually, it is recommended that everyone takes note of the data. Each group or individual should prepare the experiment reports using their data.
21	No cell phone or earphone usage in the active portion of the laboratories, or during experimental operations.
22	Before taking photos or videos in the lab, get permission from the instructor.
23	The course materials, videos, photos may not be given, sold, or published in print or online without the written consent of the instructor, and can only be used for the purposes of the class.
24	Before trying anything other than the one described in the experimental procedure, you should get permission from the instructor.
25	Doors and windows must be kept closed at all times. Visitors are not allowed in the lab.
26	Wash your hands before leaving the laboratory.

I certify that I have read and understood the safety rules and that I agree to abide by them.

DATE	
STUDENT ID	
STUDENT NAME-SURNAME	
SIGNATURE	